



Camping with Kids Checklist

Bringing children along for a camping excursion - whether it be for one night or several - involves gearing up for more than the essentials. Indeed, children require more items to stay interested, entertained, comfortable, and safe. Review this checklist to ensure that you've stocked your gear appropriately for camping with kids, and review checklists for RV and car camping if you're planning on bringing those vehicles along as well. Please adjust this list to fit your individual needs.

Basic Essentials

- ☐ Camping Tent
- ☐ Tent Footprint
- ☐ Tent Poles and Repair Sleeve
- ☐ Tarp or Screen House
- ☐ Backpack (Adult and child)
- ☐ Daypack
- ☐ Pack Cover
- ☐ Carabiners
- ☐ Air Mattress
- ☐ Mattress Repair Kit
- ☐ Pump
- ☐ Sleeping Bag
- ☐ Sleeping Pad
- ☐ Stuff Sack or Compression Sack
- ☐ Pillows
- ☐ Mallet or Hammer
- ☐ Hammock or Cots
- ☐ Portable Outhouse
- ☐ Portable Shower
- ☐ Pet Tent, Bed, and Supplies

Cooking Gear

- ☐ Freeze-Dried and Prepared Food Items
- ☐ Camping Cookware
- ☐ Stove with Fuel
- ☐ Dishes, Utensils
- ☐ Water Filtration System
- ☐ Windscreen
- ☐ Charcoal or Firewood
- ☐ Grill Rack
- ☐ Dutch Oven
- ☐ Portable Coffee/Esspresso Maker
- ☐ Hot-Cold Vacuum Bottle
- ☐ Bottle Opener/Corkscrew
- ☐ Can Opener
- ☐ Trash Bags
- ☐ Coolers
- ☐ Ice
- ☐ Cutting Board or Cutting Surface
- ☐ Foil
- ☐ Portable Standing Camp Sink

Basic Gear

- ☐ Trekking Poles
- ☐ Binoculars
- ☐ Portable Power/Solar Charger
- ☐ Rope
- ☐ 2-Way Radio
- ☐ Hand/Foot Warmers
- ☐ Energy Food/Snacks
- ☐ Multifunction Watch
- ☐ Bear Canister/Bear Bag
- ☐ Lantern (with mantle if needed)
- ☐ Quick-Dry Towel
- ☐ Camera
- ☐ GPS/Maps/Compass
- ☐ Lip Balm
- ☐ Sunscreen
- ☐ Sunglasses
- ☐ Flashlight/Headlamp
- ☐ Hydration Pack/Water Bottle
- ☐ Knife/Multi-Tool
- ☐ Lighter
- ☐ Folding Chairs and Table
- ☐ Spare Glasses/Contacts
- ☐ Shower Water Bag

Gear for Activities

- ☐ Child Carrier
- ☐ Rolling Jogger
- ☐ Bikes (with Helmets)
- ☐ Canoe/Kayak
- ☐ Float Tubes or Inflatable Boats
- ☐ PFDs and/or Helmets
- ☐ Fishing Gear
- ☐ Playing Cards, Games, and Toys

- ☐ Frisbee
- ☐ Board Games
- ☐ Books

- ☐ Light Sticks
- ☐ Magnifier

Clothing

- ☐ Wicking T-Shirt and Pants
- ☐ Kid Visor
- ☐ Long-Sleeve Shirt
- ☐ Tanktop
- ☐ Thermal Underwear
- ☐ Jacket or Insulated Vest
- ☐ Bandana or Buff

- ☐ Stocking Cap/Beanie
- ☐ Insulated Gloves
- ☐ Child's Rain Gear
- ☐ Rain Jacket
- ☐ Windbreaker/Pullover
- ☐ Technical Socks
- ☐ Child's Vest

First Aid

- ☐ First Aid Kit
- ☐ Survival Blanket
- ☐ Fire Starter
- ☐ Insect Repellant

- ☐ Anti-Itch Cream
- ☐ Toiletry Kit
- ☐ Bear Spray
- ☐ Biodegradable Soap

Personal Essentials

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