Trad Climbing Checklist

Trad climbers or groups of trad climbers will need to bring all of their gear with them along the route and remove it once they've completed their passage. Trad climbers typically value exploration with a strict dedication to leaving nature unblemished by avoiding use of older means of protection such as pitons, which damage the rock. Before you head out on your trad climbing adventure, be sure to run through our checklist to ensure that you're equipped for the climb. Please adjust this list to fit your individual needs.

Basic Essentials

- ☐ Harness
- ☐ Belay/Rappel Device
- ☐ Helmet
- ☐ Rope
- ☐ Quickdraw, Locking, Non-Locking Carabiners
- ☐ Slings/Runners
- ☐ Chalk/Chalk Bag
- ☐ Climbing Pack
- ☐ Nuts/Nut Extraction Tool
- ☐ Hexes
- ☐ Cams

Basic Gear

- ☐ Sunglasses
- ☐ Lip Balm
- ☐ Sunscreen
- ☐ Knife/Multi-Tool
- ☐ Flashlight/Headlamp
- ☐ Hydration Pack/Water Bottle
- ☐ Energy Food/Snacks
- ☐ 2-Way Radio
- ☐ GPS/Maps/Compass
- ☐ Binoculars
- ☐ Batteries
- ☐ Multifunction Watch

Clothing

- ☐ Climbing Shoes
- ☐ Hand Protection/Gloves
- ☐ Wicking T-Shirt
- ☐ Shorts/Pants/Leggings
- ☐ Rain Jacket
- ☐ Rain Pants/Bibs
- ☐ Insulating Layers
- ☐ Technical Socks

First Aid

- ☐ First Aid Kit
- ☐ Reflective Blanket
- ☐ Insect Repellant
- ☐ Toiletry Kit
- ☐ Signaling Mirror

Personal Essentials

- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____