Alpine/Ice Climbing Checklist

Depending on the route you've chosen and the icy conditions of said route, you may need to stock all or some of the items from this list. Quantities of hardware will depend heavily on the route and your partners as well. Before heading out, be sure to check all of your hardware and gear to ensure its integrity, as a broken harness or crampon can be deadly when suspended on an icy slope. Please adjust this list to fit your individual needs.

Basic Essentials

- ☐ Harness
- ☐ Quickdraw, Locking, Non-Locking Carabiners
- ☐ Belay/Rappel Device
- ☐ Ice Screws
- ☐ Slings/Runners
- ☐ Helmet
- ☐ Rope
- ☐ Crampons
- ☐ Ice Axe/Whippet
- ☐ Pulley
- ☐ Nuts/Nut Extraction Tool
- ☐ Hexes

Basic Gear

- ☐ Climbing Pack
- ☐ Snow Shovel
- ☐ Trekiing Poles
- ☐ Probe
- ☐ Slope Meter
- ☐ Multifunction Watch
- ☐ Lip Balm
- ☐ Sunscreen
- ☐ Knife/Multi-Tool
- ☐ Flashlight/Headlamp
- ☐ Hydration Pack/Water Bottle
- ☐ Hand/Foot Warmers
- ☐ Energy Food/Snacks
- ☐ Lighter
- ☐ Sunglasses
- ☐ Rope
- ☐ 2-Way Radio
- ☐ Insulated Sitting Pad
- ☐ GPS/Maps/Compass
- ☐ Binoculars
- ☐ Batteries
- ☐ Portable Power/Solar Charger
- ☐ Quick-Dry Towel

Clothing

- ☐ Crampon-Compatible Boot
- ☐ Insulated Gloves
- ☐ Jacket
- ☐ Waterproof, Breathable Jacket
- ☐ Thermal Underwear/Wicking Base Layers
- ☐ Ski Pants
- ☐ Technical Socks
- ☐ Balaclava
- ☐ Stocking Cap/Beanie
- ☐ Neck or Face Gaiter
- ☐ Boot Gaiter

First Aid

- ☐ First Aid Kit
- ☐ Crevasse Rescue Gear
- ☐ Survival Blanket
- ☐ Fire Starter
- ☐ Tent/Tarp
- ☐ Avalanche Transceiver
- ☐ Avalung/Avalanche Airbag Survival Pack
- ☐ Whistle/Signaling Mirror
- ☐ Emergency Splint/Plate/Sled

Personal Essentials

- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____